



Adult Learning Within Reach

Member Lecture – 22 June 2023

How spices changed the world
Kate Antoniou, WEA tutor

Useful links and resources for further reading

Books

Spice: The History of Temptation – Jack Turner

The Scents of Eden: A History of the Spice Trade – Charles Corn

The Anarchy: The relentless rise of the East India Company – William Dalrymple

The Medieval Cookbook – Maggie Black

The Form of Cury (recipe book from the reign of Richard II) – Glyn Hughes

Watch

The Nutmeg Wars (National Geographic) – YouTube

BBC 'In our Time' – The East India Company - podcast

Forthcoming WEA courses by Kate Antoniou

See below and keep searching the speaker's name on the WEA website:-

Treason and plots (Q00009382) – 10 weeks starting 14 Sep 2023 (in-person, Orpington)