



Course details

Course title

Social Media Awareness (Home Office)

Course code

Q00028796

Course date

Start: 23/11/26

End: 11/12/26

Number of classes

6 sessions

Timetable

Mon 23rd Nov, 9:30 to 11:30

Fri 27th Nov, 9:30 to 11:30

Mon 30th Nov, 9:30 to 11:30

Fri 4th Dec, 9:30 to 11:30

Mon 7th Dec, 9:30 to 11:30

Fri 11th Dec, 9:30 to 11:30

Tutor

Irma Gough

Fee range

Funding available - £96.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Clovelly Centre (Southampton)
60-68 Clovelly Road
Southampton
SO14 0AU

Level of study

E

Course overview

Social Media Awareness is a course designed to help you understand what social media is, how it is used and how to stay safe online. You will explore popular platforms, identify online risks and recognise positive digital behaviours. The course includes practical demonstrations on privacy settings and builds confidence in using social media safely. Through simple scenarios and discussions, you will develop your understanding of responsible online communication. By the end of the course, you will be able to make informed decisions about what they share, who they interact with, and how to protect themselves while using social media.

Course description

This friendly and supportive course is designed for anyone who wants to understand social media and learn how to use it safely. Whether you are completely new to social media or just want to build your confidence, this course will guide you step by step using simple language, clear examples and hands-on demonstrations.

You will start by learning what social media is and how people use it to communicate, share interests and stay connected. You will explore well-known platforms such as Facebook, Instagram, WhatsApp and TikTok, and learn to recognise common icons and features. The course also covers important online safety topics, including how to spot fake accounts, avoid scams, and understand what information should and shouldn't be shared.

You will take part in activities that show you how privacy settings work and how they help you stay in control of your personal information. We will also explore what good online behaviour looks like, including respectful communication and understanding your digital footprint.

By the end of this course, you will feel more confident using social media and will be able to make safer, more informed choices online. No previous experience or technical skills are needed, just a willingness to learn.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during

your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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