



Course details

Course title

Life & Work in the UK

Course code

Q00028732

Course date

Start: 23/07/26

End: 30/07/26

Fee range

Funding available - £96.00

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Entry Level

Course overview

Life and Work in the UK introduces new arrivals to the essential language, knowledge and practical skills needed to settle confidently into everyday life and early work situations. The course supports Entry ESOL learners to understand key UK systems such as housing, healthcare, education and local services, while also exploring basic workplace expectations and routines. Learners develop simple English for asking for information, understanding written notices, completing short forms and describing personal experiences. Activities focus on real life tasks, cultural awareness and building confidence to navigate life and work in the UK more independently.

Course description

Life and Work in the UK is designed for learners who are new to the UK and need practical English language support to manage everyday situations and early work related tasks. The course introduces key aspects of UK life, including how to access healthcare, understand school systems, use local services, manage appointments and recognise important public information. Learners explore basic workplace expectations such as punctuality, simple health and safety rules, appropriate behaviour and common job related routines.

The course develops essential ESOL vocabulary and simple language structures to help learners ask for information, understand instructions and communicate their needs in familiar situations. Reading and writing tasks include interpreting appointment letters, workplace notices, timetables and basic forms. Learners also practise describing personal experiences of living or working in the UK using short, clear sentences.

Activities include role play, pair work, guided discussions, matching tasks and practical scenarios that connect directly to learners' real lives. The course builds confidence, cultural understanding and independence, helping learners feel more prepared to participate in their community and take early steps towards employment or further ESOL study.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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