



Course details

Course title

Family First Aid

Course code

Q00027577

Course date

Start: 01/12/26

End: 01/12/26

Number of classes

1 sessions

Timetable

Tue 1st Dec, 9:30 to 15:30

Tutor

TBC T.B.C

Fee range

Funding available - £48.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Whitehawk

Whitehawk Road

Brighton and Hove

Level of study

Entry Level

Course overview

This course is funded by the Department for Education and only open to residents living in non devolved authorities. This short 6?hour course introduces adults to the essential first aid skills needed to respond to common accidents and emergencies in the home. Across three practical sessions, learners explore how to recognise and deal with everyday injuries, support children safely, and know what to do while waiting for professional help. The course covers simple, effective actions for situations such as burns, bleeding, choking, minor head injuries and sudden illness. Learners build confidence through demonstrations, guided practice and discussion, helping them feel more prepared to keep their family safe.

Course description

Family First Aid is a practical 6?hour course designed to help adults feel more confident dealing with everyday accidents and emergencies in the home. Delivered over three 2?hour sessions, the course introduces simple, effective first aid actions that can make a real difference while waiting for professional help.

Learners explore how to recognise and respond to common household injuries, including cuts, grazes, burns, scalds, minor head bumps and nosebleeds. The course also covers essential skills for supporting children, such as what to do if a child is choking, how to manage fevers or sudden illness, and how to keep a calm, safe environment during stressful moments.

Through demonstrations, guided practice and supportive discussion, learners build the confidence to act quickly and safely. The course uses everyday language, practical examples and realistic scenarios to help adults understand what to do, what not to do, and when to seek further help.

By the end of the course, learners will feel more prepared to handle common first aid situations at home and more confident in keeping their family safe.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during

your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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