



Course details

Course title

Skills for Sustainable Living

Course code

Q00027509

Course date

Start: 11/09/26

End: 20/11/26

Number of classes

10 sessions

Timetable

Fri 11th Sep, 12:30 to 15:00

Fri 18th Sep, 12:30 to 15:00

Fri 25th Sep, 12:30 to 15:00

Fri 9th Oct, 12:30 to 15:00

Fri 16th Oct, 12:30 to 15:00

Fri 23rd Oct, 12:30 to 15:00

Fri 30th Oct, 12:30 to 15:00

Fri 6th Nov, 12:30 to 15:00

Fri 13th Nov, 12:30 to 15:00

Fri 20th Nov, 12:30 to 14:00

Tutor

Jane Perrin

Fee range

Funding available - £192.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Whitehawk
Whitehawk Road
Brighton and Hove
BN2 5NS

Level of study

Beginners

Course overview

This course is funded by the Department for Education and only open to residents living in non devolved authorities. Skills for Sustainable Living is a course that helps you learn simple, practical ways to live more sustainably. You will explore how everyday choices affect the environment and discover easy changes you can make at home and in your community. The course covers saving energy and water, reducing waste, recycling, and making affordable, ecofriendly choices. You will take part in practical activities, group discussions, and real life problem solving. By the end of the course, you will feel more confident about taking positive steps towards a greener lifestyle and understanding how your actions make a difference.

Course description

Skills for Sustainable Living is a forward thinking course designed to help you build practical habits for a greener, more sustainable lifestyle. The course introduces you to the key challenges our planet faces today and shows how small, everyday actions can add up to real change. You'll explore current sustainability topics such as reducing energy use, cutting down on waste, making smarter shopping choices, and understanding your personal carbon footprint.

Using a hands on, interactive approach, you will take part in practical tasks, real world problem solving, and group discussions that link sustainability to your daily life. You will learn how to save money through sustainable choices, upcycle household items, and use digital tools and apps that support ecofriendly living. The course also looks at community level sustainability, giving you ideas on how to get involved locally and make a positive impact.

By the end of the course, you will feel confident applying simple, effective strategies that help protect the environment while supporting your own wellbeing. Whether you're just starting out or looking to improve your

sustainable habits, this course gives you the skills you need to live smarter, waste less, and make meaningful changes for the future.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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