



Course details

Course title

Conversation with Baking

Course code

Q00027571

Course date

Start: 23/11/26

End: 08/02/27

Number of classes

10 sessions

Timetable

Mon 23rd Nov, 12:30 to 15:00

Mon 30th Nov, 12:30 to 15:00

Mon 7th Dec, 12:30 to 15:00

Mon 14th Dec, 12:30 to 15:00

Mon 4th Jan, 12:30 to 15:00

Mon 11th Jan, 12:30 to 15:00

Mon 18th Jan, 12:30 to 15:00

Mon 25th Jan, 12:30 to 15:00

Mon 1st Feb, 12:30 to 15:00

Mon 8th Feb, 12:30 to 14:00

Tutor

Jane Perrin

Fee range

Funding available - £192.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Whitehawk
Whitehawk Road
Brighton and Hove
BN2 5NS

Level of study

Entry Level

Course overview

This course is funded by the Department for Education and only open to residents living in non devolved authorities. This Conversation with Baking course supports pre-entry ESOL learners to build confidence in speaking and listening through fun, practical baking activities. Each session introduces simple vocabulary, short instructions and everyday conversation linked to baking, ingredients and kitchen routines. Learners work together to prepare easy bakes, share ideas and practise language in a relaxed, supportive environment. The course promotes wellbeing by encouraging social interaction, creativity and enjoyment while developing essential communication skills. No reading or writing is required beyond individual ability, and all activities are designed to be accessible, confidence-building and enjoyable.

Course description

Conversation with Baking is a 24-hour, 12-session course designed for pre-entry ESOL learners who want to build confidence in speaking and listening through enjoyable, hands-on activities. The course sits within Non-regulated Tailored Learning: Managing Mental Health and Wellbeing, with a strong focus on improving learners' wellbeing through social connection, creativity and shared experiences.

Each session introduces simple, practical language linked to baking, such as ingredients, equipment, actions and short instructions. Learners work together to prepare easy bakes, practising everyday English in a relaxed and supportive environment. Activities include naming ingredients, following short spoken instructions, asking for help, sharing baking tips and talking about preferences. The emphasis is on communication, confidence and participation rather than accuracy.

The course is designed to reduce anxiety, build routine and promote positive mental health by creating a friendly space where learners can talk, collaborate and enjoy a shared task. Tutors use visual prompts, demonstrations and modelling to ensure accessibility for learners with very low literacy or limited English. By the end of the course, learners will feel more confident using simple English in everyday situations and will have developed social connections through the shared experience of baking together.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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