



Course details

Course title

Ways to Wellbeing

Course code

Q00019582

Course date

Start: 06/11/24

End: 18/12/24

Number of classes

7 sessions

Timetable

Wed 6th Nov, 9:30 to 11:30

Wed 13th Nov, 9:30 to 11:30

Wed 20th Nov, 9:30 to 11:30

Wed 27th Nov, 9:30 to 11:30

Wed 4th Dec, 9:30 to 11:30

Wed 11th Dec, 9:30 to 11:30

Wed 18th Dec, 9:30 to 11:30

Tutor

Lesley McDonald

Fee range

Free to £58.80

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

Face of Beauty Training
66 Westoe Road
South Shields
NE33 4LU

Level of study

Beginners

Course overview

To support and improve wellbeing through creativity.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

Source URL: <https://www.wea.org.uk/courses/skills-life/health-wellbeing/6-november-ways-wellbeing>