



Course details

Course title

Certificate in Mental Health Awareness Level 2

Course code

Q00018675

Course date

Start: 24/09/24

End: 24/06/25

Number of classes

33 sessions

Timetable

Tue 24th Sep, 9:30 to 13:00

Tue 1st Oct, 9:30 to 13:00

Tue 8th Oct, 9:30 to 13:00

Tue 15th Oct, 9:30 to 13:00

Tue 22nd Oct, 9:30 to 13:00

Tue 5th Nov, 9:30 to 13:00

Tue 12th Nov, 9:30 to 13:00

Tue 19th Nov, 9:30 to 13:00

Tue 26th Nov, 9:30 to 13:00

Tue 3rd Dec, 9:30 to 13:00

Tue 10th Dec, 9:30 to 13:00

Tue 17th Dec, 9:30 to 13:00

Tue 7th Jan, 9:30 to 13:00

Tue 14th Jan, 9:30 to 13:00

Tue 21st Jan, 9:30 to 13:00

Tue 28th Jan, 9:30 to 13:00

Tue 4th Feb, 9:30 to 13:00

Tue 11th Feb, 9:30 to 13:00

Tue 18th Feb, 9:30 to 13:00

Tue 4th Mar, 9:30 to 13:00

Tue 11th Mar, 9:30 to 13:00

Tue 18th Mar, 9:30 to 13:00

Tue 25th Mar, 9:30 to 13:00

Tue 1st Apr, 9:30 to 13:00
Tue 8th Apr, 9:30 to 13:00
Tue 29th Apr, 9:30 to 13:00
Tue 6th May, 9:30 to 13:00
Tue 13th May, 9:30 to 13:00
Tue 20th May, 9:30 to 13:00
Tue 3rd Jun, 9:30 to 13:00
Tue 10th Jun, 9:30 to 13:00
Tue 17th Jun, 9:30 to 13:00
Tue 24th Jun, 9:30 to 13:00

Tutor

Margaret Mordue

Fee range

Free to £362.00

How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

Venue

The Cornforth Partnership (Ferryhill)
68-70 High Street
West Cornforth
Ferryhill
DL17 9HS

Level of study

2

Course overview

Gain essential skills for care jobs and support work to help you improve the care you give. If you want to work in mentoring, counselling, or as a support worker, this Mental Health Awareness training will teach you important skills employers look for. This course builds on your existing knowledge. We will study definitions of 'mental health' and laws around care provision. Learn about the most common mental health conditions in the UK today. Gain greater awareness of the symptoms, causes, and treatments for these conditions. You will study stress, anxiety, phobias, and depression, among others.

Course description

This course builds on the Level 1 Award in Mental Health Awareness. It is for anyone wanting to further develop knowledge of mental health. If you're considering careers in social care or counselling, this mental health awareness training is ideal for you.

After taking this course you can progress to various Level 3 Health and Social Care courses. There are many possible pathways, including:

- Mental Health
- End of life care
- Counselling
- Mentoring

These qualifications can lead to various jobs in social care, such as care assistant or mental health support worker.

If you are unsure about the right progression, your tutor will be happy to guide and advise you on these options to make sure you find the right pathway for you.

You will be assessed using activity plans, reports, and written or oral questioning. Your supportive WEA tutor will help you with any accessibility requirements you may have.

You'll need access to the internet to take this course as your tutor will upload useful materials to Canvas, the WEA's digital learning platform.

The WEA is an experienced adult education course provider. We're committed to helping you access and enjoy adult education. If there's something we can do to help you, we will.

Most of our courses are free for most of our learners. Please note that you need to reach the end of the enrolment process to see the discounts.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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