

## Course details

### Course title

Art Practical: Art for Wellbeing

### Course code

Q00017868

### Course date

Start: 28/04/25

End: 14/07/25

### Number of classes

10 sessions

### Timetable

Mon 28th Apr, 13:00 to 15:00  
Mon 12th May, 13:00 to 15:00  
Mon 19th May, 13:00 to 15:00  
Mon 2nd Jun, 13:00 to 15:00  
Mon 9th Jun, 13:00 to 15:00  
Mon 16th Jun, 13:00 to 15:00  
Mon 23rd Jun, 13:00 to 15:00  
Mon 30th Jun, 13:00 to 15:00  
Mon 7th Jul, 13:00 to 15:00  
Mon 14th Jul, 13:00 to 15:00

### Tutor

Julie Smith

## **Fee range**

Free to £84.00

## **How you'll learn**

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

Hull Quaker Meeting House (HULL)

2-10 Bean Street

HULL

HU3 2PR

## **Level of study**

Beginners

## **Course overview**

Learners will work with the tutor to improve confidence in their ability to develop their artistic skills and creativity within oil painting. You will be developing the skills to create a detailed landscape painting; challenging yourself to try new and different subjects. You will learn using a range of different teaching and learning activities, to include watching and following step by step demonstrations, with one-to-one help and guidance from a friendly and encouraging tutor. You will learn in a safe, welcoming and supportive environment, working together with your fellow learners and the tutor. This course is suitable for a complete beginner but also for those wanting to improve their existing skills in painting. No prior knowledge is needed, just a desire to learn and begin your journey to develop your artistic skills.

## **Course description**

This course is designed for beginners and improvers, starting with the basics, students will learn about materials and tools, colour, colour mixing, composition and brushwork. More advanced students will continue to develop their individual personal style and artistic expression, translating observations onto the canvas.

Through step- by-step demonstrations and hands on exercises, students will gradually build confidence in mixing colour, creating depth and perspective, capturing light and shadow, and creating elements of landscapes such as skies, mountains, trees, water and reflections, and much more.

As the course progresses students will practise and develop more advanced techniques, including palette knife application, impasto, glazing and texture manipulation to add atmosphere and dimension to their work.

You will explore composition specific to landscape painting, such as horizon lines, focal points, aerial perspective depth and distance.

You will learn about different types of supports and painting surfaces, how to make your own stretched canvas, varnishing and framing your completed work.

We will explore subjects of your choice to meet your individual needs and expectations during the course.

You will receive constructive feedback and ongoing assessment, partake in group discussions and critique with peers, to encourage motivation growth and development.

Learn in a welcoming, supportive, friendly environment, enjoy painting and create your very own masterpiece.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/arts-crafts/arts/28-april-art-practical-art-wellbeing>