

## Course details

### Course title

Craft: Making for Christmas

### Course code

Q00016811

### Course date

Start: 07/11/24

End: 19/12/24

### Number of classes

7 sessions

### Timetable

Thu 7th Nov, 11:00 to 16:00

Thu 14th Nov, 11:00 to 16:00

Thu 21st Nov, 11:00 to 16:00

Thu 28th Nov, 11:00 to 16:00

Thu 5th Dec, 11:00 to 16:00

Thu 12th Dec, 11:00 to 16:00

Thu 19th Dec, 11:00 to 16:00

### Tutor

Katie Dexter

### Fee range

Free to £147.00

### How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## **Venue**

NST Hub (North Somerset Training Communi  
31 Alexandra Parade  
Weston-super-Mare  
BS23 1QZ

## **Level of study**

Beginners

## **Course overview**

Would you like to feel the magic of Christmas again! Crafting is a fun way to spend time in the lead up to Christmas and adds a personal touch to the festivities. This course will give you the opportunity to learn something new, relax and meet like-minded people, whilst getting in the mood for Christmas. It will ignite your imagination and inspire you towards making your own Christmassy crafts, including, cards, tree decorations and trinkets that you may wish to gift to others who are special to you. Engaging in craft has proven to boost mental wellbeing and reduce stress. Benefits include improved mindfulness, better cognitive function, less anxiety, and increased self-awareness.

## **Course description**

Would you like to feel the magic of Christmas again! Crafting is an interesting and fun way to spend time in the lead up to Christmas and adds a personal touch to the festivities. This creative and practical course will provide you with plenty of opportunities to learn something new, relax and meet like-minded people, whilst getting in the mood for Christmas. It will ignite your imagination and inspire you towards making your own Christmassy crafts for the home, friends and family members. During this courses you will design and construct a variety of small Christmas inspired trinkets and gifts including cards, tree decorations and items that you may wish to gift to others who are special to you. Engaging in craft has proven to boost health and mental wellbeing and also reduces stress. Some of the benefits you can gain from joining this class, include improved mindfulness, better cognitive function, less anxiety and increased self-awareness. You will be encouraged to share and discuss your ideas with the rest of the group and reflect upon the success of each new skill and the various items that you have made.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

**Source URL:** <https://www.wea.org.uk/courses/arts-crafts/arts/7-november-craft-making-christmas>