

## Course details

### Course title

Personal Development: Introduction to basic first aid

### Course code

Q00016752

### Course date

Start: 22/04/25

End: 20/05/25

### Number of classes

10 sessions

### Timetable

Tue 22nd Apr, 10:00 to 12:00

Tue 22nd Apr, 10:00 to 12:00

Tue 29th Apr, 10:00 to 12:00

Tue 29th Apr, 10:00 to 12:00

Tue 6th May, 10:00 to 12:00

Tue 6th May, 10:00 to 12:00

Tue 13th May, 10:00 to 12:00

Tue 13th May, 10:00 to 12:00

Tue 20th May, 10:00 to 12:00

Tue 20th May, 10:00 to 12:00

### Tutor

Caroline Smy

### Fee range

Free to £33.60

### How you'll learn

You'll join a small group of fellow learners for classes at the venue indicated. Some materials may be provided in our virtual learning environment.

Got it!

In venue

## Venue

KCU Ltd at Fuller Church (Kettering)  
51 Gold Street  
Kettering  
NN16 8JB

## Level of study

Beginners

## Course overview

This 4-week Basic First Aid course equips you with the skills and knowledge to act decisively in an emergency. Each week focuses on a specific theme, progressively building your understanding. Learn how to handle common situations like applying bandages and slings, treating burns and scalds, performing CPR, and most importantly, knowing when to call an ambulance. By the end of the course, you'll not only gain valuable first-aid skills, but also create a personalised flowchart outlining the steps to take in case of an accident at KCU.

## Course description

**Who Should Take This Course?** This course is open to everyone who wants to feel more prepared and confident in handling emergencies.

**What Will You Learn?** We'll explore essential first-aid skills in a clear, step-by-step approach. Each week focuses on a different theme, covering topics like:

Bandages and Slings

Burns and Scalds

Cardiopulmonary Resuscitation (CPR)

Emergency Communication and Calling an Ambulance

**Interactive Learning:** Our experienced tutor will guide you through practical exercises, discussions, and group activities. You'll also create a personalized flowchart summarizing key steps for responding to accidents at KCU.

## What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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