

## Course details

### Course title

Personal Development: Understanding your finances

### Course code

Q00015664

### Course date

Start: 10/01/25

End: 07/02/25

### Number of classes

5 sessions

### Timetable

Fri 10th Jan, 11:45 to 13:45

Fri 17th Jan, 11:45 to 13:45

Fri 24th Jan, 11:45 to 13:45

Fri 31st Jan, 11:45 to 13:45

Fri 7th Feb, 11:45 to 13:45

### Tutor

Saima Gulzar

### Fee range

Free to £37.00

## **How you'll learn**

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

## **Venue**

Online

## **Level of study**

Beginners

## **Course overview**

Effective budget planning can make you feel like you've had a pay rise. Organising your personal budget and understanding your outgoings is the first step towards healthy financial well-being. And the good news is - budgeting is a skill anyone can learn. This budgeting course is right for you if you want to improve your financial well-being. Whether you're trying to cope with the cost of living crisis or just want to plan your finances better, this course can help you. You do not need advanced maths skills to take this course. It is appropriate for complete beginners, so don't worry if this is new to you This course is funded by the West Midlands Combined Authority.

## **Course description**

This personal finance course will teach you how to understand and manage your personal budget. Learn how to save money on bills and shopping so that you have more cash to spend on the things you enjoy. Understand energy bills and pick up tips to make savings in your consumption. Explore tools that can help you manage your money and stay on budget. Depending on your needs, there are various study options after this course. You can take a cooking on a budget course to learn how to save money on food shopping. You can also study a more in-depth personal finance course. If you'd like to improve your understanding of digital tools that can help you

manage your personal budget, you can take a digital skills course. Your tutor can discuss your options with you if you're not sure which course is right for you. You'll need access to the internet to take this personal finance course. Our tutors use the WEA's digital learning portal, Canvas, to send you important information and tasks. Your learning is our priority. The WEA is an adult education provider and we pride ourselves on our ability to create a friendly classroom atmosphere, in person and online. Most of our courses are free for most of our learners. Please note that you need to get to the end of the enrolment process to see the discounts.

## **What financial support is available?**

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

## **What other support is available?**

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

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