



Adult Learning Within Reach

Member Lecture – 26 November 2020

Cooking with seasonal ingredients
Mark Breen

Useful links

Mark's website – Seasonal Kitchen

<https://seasonalkitchen.co.uk/>

Hubbub

You can find the recipe for the ribollita soup made by Mark at:-

<https://www.hubbub.org.uk/ribollita>

And a table detailing seasonal ingredients at:-

<https://www.hubbub.org.uk/eating-seasonally>