

SPRING COURSES 2022

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To enrol online, visit <https://www.wea.org.uk> (you can search by area or all our national courses) or ring 0300 303 3464, choosing option 1, quoting the course reference.

Please click on the course title to learn more about the course. You may need to highlight the link, press ctrl and left click.

(The course is free if you are in receipt of an income related benefit. You could also apply for Learner Discretionary Fund for a fee waiver if your household income is less than £21,000 a year or entitlement to fee remission via Low Wage funding if income is less than £17,004).

Digital Courses

CODE	DAY	COURSE TITLE	TUTOR NAME	WKS	START DATE	END DATE	TIMES	COST*
C2346748	MON	Step into Digital	Nutan Ramji	10	17 Jan 22	28 Mar 22	1.00 3.00	FREE
This course will help you to develop your digital skills using a range of different applications and to get to grips with how these can be used to assist you in doing administrative tasks independently. You will develop essential workplace skills including safe ways to browse the internet, use email and other online applications which will help you to grow in digital confidence. This course is face to face and takes place at WEA, 101 Hinckley Road, Leicester LE3 0TD.								
C2346049	FRI	Step into Digital	Nutan Ramji	10	21 Jan 22	1 Apr 22	09.30-12.00	FREE
This course will help you to develop your digital skills using a range of different applications and get to grips with how these can be used to assist you in doing administrative tasks independently. You will develop essential workplace skills including safe ways to browse the internet, use email and other applications online that will also help you to grow confidence in using these. This course is online.								

Employability Courses

C2346749	MON	Buying and Selling Online	Marcia Pax Romana	5	24 Jan 22	28 Feb 22	10.00-12.00	FREE
This course is designed to enable you to make online purchases and sell goods on the internet. This course is online.								
C2346625	WED	Word and Excel for Employability	Nutan Ramji	10	19 Jan 22	30 Apr 22	18.00-20.00	FREE
This course will help you to develop your Digital and Microsoft skills using a range of different applications and to get to grips with how these can be used to assist you in doing administrative tasks independently. This course is online.								
C2346669	THUR	Expand your Excel Skills for Employability	Hansa Tailor	8	20 Jan 22	17 Mar 22	12.45-14.45	FREE
This is a course designed for you to acquire the skills in using spreadsheet software (Microsoft Office Excel) to use formulae and functions to analyse and interpret data, producing a variety of charts and graphs from existing data. This course is online.								

C2346672	FRI	Expand your Powerpoint Skills for Employability	Hansa Tailor	8	21 Jan 22	18 Mar 22	12:30-14:30	FREE
This course will help you to learn how to get create a presentation independently. You will gain skills in creating a presentation, changing slide layouts, add images and apply transition and animation effects to create an effective presentation. This course is online.								
C2346679	MON	Improve your Employabilityskills using Word	Hansa Tailor	8	17 Jan 22	14 Mar 22	12.30-14.30	FREE
This is a course designed for you to acquire the skills in using spreadsheet software (Microsoft Office Excel) to use formulae and functions to analyse and interpret data, producing a variety of charts and graphs from existing data. This course is online.								
C2346698	TUES	Improving EmployabilitySkills for Office Working	Hansa Tailor	8	18 Jan 22	15 Mar 22	09.30-11.30	FREE
This course will help you to gain confidence to use Microsoft Word, Excel and PowerPoint for employability purpose. This course is online.								
C2346868	Wed	Improve your EmployabilitySkills using PowerPoint	Hansa Tailor	11	19 Jan 22	6 Apr 22	10.00 – 12.0	FREE
This course will help you to learn how to get create a presentation independently. You will gain skills in creating a presentation, changing slide layouts, add images and apply transition and animation effects to create an effective presentation.								

Health & Wellbeing Courses

CODE	DAY	COURSE TITLE	TUTOR NAME	WKS	START DATE	END DATE	TIMES	COST*
C2346116	Wed	Reading for Wisdom and Well-Being	Alison Dunne	5	12 Jan 22	9 Feb 22	10.00 – 12.00	£32.00
Reading for wisdom and wellbeing. We'll be exploring reading aloud together and sharing and evaluating our thoughts and emotions. This course is online.								
C2346329	Thurs	Yoga for Osteoporosis	Caroline Arthur	5	13 Jan 22	10 Feb 22	9.15 – 10.00	£12.00
To introduce Yoga's gentle, low impact movements ideal for those with osteopenia, osteoporosis and osteoarthritis. This course is online.								
C2346487	Thurs	Afternoon Yoga for Everybody	Caroline Arthur	5	13 Jan 22	10 Feb 22	1.15 – 2.15	£16.00
Yoga is a traditional and contemporary class. Each week there is a guided yoga practice where we work on a variety of practices and techniques including posture, breath and meditation. This course is online								
C2346699	SAT	Gentle Exercise	Pax Romana: Marcia	10	22 Jan 22	2 Apr 22	10.30-12.00	£48.00
This course will help improve your well-being and enjoy a range of simple exercises. This course is online.								
C2346621	FRI	Therapeutic Art for Wellbeing	Tarlon Weatherall: Nicky	6	28 Jan 22	11 Mar 22	10.00-12.00	£38.40
This will support your health and well-being through an online art course. You will create works of art for self-expression. Also practise breathing techniques to manage any stress and anxiety. This course is online.								
C2345824	Fri	Jewellery Making, recycling old Jewellery	Tarlon Weatherall: Nicky	6	28 Jan 22	11 Mar 22	12.30-14.30	£38.40

Learn how to be creative while revamping and recycling old jewellery into something personal. This course is online.								
C2346646	Wed	Keeping Both your Mind and Body Healthy	Suky Garcha	10	19 Jan 22	30 Mar 22	10.00-11.30	£48.00
Keeping healthy both mentally and physically can help us to have more focus and motivation in our lives. In this course you will learn about the different exercises that can help us to achieve a better sense of wellbeing. This course is online.								
C2346624	Mon	Tai Chi and Health Qigong for Beginners	Jan Jackson	6	17 Jan 22	28 Feb 22	18.30-20.00	£28.80
To aid relaxation and balance and improve general health through the practice of Tai Chi and Health Qigong. Through regular practice you will progress towards achieving many health benefits, including better posture and better stability. This course is online.								
C2346620	Wed	Mindfulness for Wellbeing	Nerissa Fields	8	19 Jan 22	16 Mar 22	18.45-20.45	£51.20
This course will look at what mindfulness is and how to bring mindfulness into everyday life, thus enhancing day to day living and general well-being. This course is online.								

All about Culture courses!

C2346560	Tues	Poetry Writing: It's time for a poem	Kevin Brown	8	11 Jan 22	18 Mar 22	10.00 – 12.00	£51.20
This course seeks to discover inspiration from our everyday life and experiences. We learn use word games, writing processes and editing skills to hone our passions and observations into writings we are proud to share with others. This course is online.								
C2346639	Thurs	Creative Writing Masterclass	Deb Tyler-Bennett	5	13 Jan 22	10 Feb 22	10.00 – 12.00	£32.00
This online course provides you the writer with an opportunity to write with a published author, looking at how to create, polish, and send out a piece of work in either poetry or prose. This course is online.								
C2346489	Thurs	Astronomy: Cosmic Odds and Ends	Ann Bonell	5	13 Jan 22	10 Feb 22	7.00 – 8.30	£24.00
To provide an introduction to some of the 'smaller' bodies in the universe such as dwarf planets and galaxies and low mass stars. Where do these fit into the overall picture? We will also look at the stars and planets on view in the winter sky. This course is online.								
C2346149	Wed	Creative Writing	Alison Dunne	3	20 Jan 22	9 Feb 22	1.00 – 3.00	£32.00
This course will get you writing in a variety of disciplines, sharing your work and feeding back on the work of other class members. It is a friendly and supportive environment to learn the basics about the craft, and consider your writing goals. This course is online.								
C2345807	Tues	Eastern Question 1774-1923	Daniel Bamford	7	25 Jan 22	15 Mar 22	7.00-9.00 pm	£44.80
To explore the violent decline and fall of the Ottoman Empire and to examine how this led to the creation of the modern 'Middle East'. Was a more peaceful answer to this 'Eastern Question' ever possible? This course is online.								
C2346548	Mon	Scandals in History	Michael Lynch	7	17 Jan 22	7 Mar 22	1.30 – 3.30	£44.80
To introduce a range of scandals that have historical significance. This course is online.								
C2346549	Wed	International Relations and Current Affairs	Michael Lynch	7	18 Jan 22	8 Mar 22	10.30 – 12.30	£44.80
To trigger lively discussion by examining a series of topical issues and debates. To sharpen our skills of analysis and persuasion; to use fact to support argument; to promote understanding of the views of others. This course is online.								
C2346555	Wed	The Crisis of Democracy	Bettina Lange	11	12 Jan 22	30 Mar 22	4.45 – 6.45	£70.40
To give students the opportunity to identify threats to democracy and to assess how to respond to them in constructive ways. This course is online.								

C2346573	Thurs	The Social History of France 1815-1914	David Price	7	20 Jan 22	10 Mar 22	10.00 – 12.00	£44.80
To look at some of the main developments affecting the people of France in the period from the Restoration of the monarchy 1814-15 through to the outbreak of the First World War. This course is online.								
C2346559	Thurs	Family History: Graveyard Dash	Kevin Brown	8	3 Feb 22	31 Mar 22	10.00 – 12.00	£51.20
The course will give you an opportunity to test out your family history skills by researching a different family history. You will locate information from a local memorial inscription and trace the family tree forwards and backwards. This course is online.								
C2346565	Tues	Small Space Gardening	Kevin Brown	3	15 Mar 22	29 Mar 22	10.00 – 12.00	£19.20
You will learn how to use two-litre plastic bottles in several ways to save money, recycle and enhance the use of a small-space garden or yard. This will include how to nurture seedlings and grow plants in a vertical garden. This course is online.								

General Courses

C2346390	Mon	Practical Art - Wild Nature	Anna Michalska-Tomajer	5	10 Jan 22	7 Feb 22	1.00 – 3.00	£32.00
Reconnecting to the wonder and magnificence of the wild nature around us. Through observation, discussion and practical art techniques. Remembering how to connect to the abundance that nature beholds and also to our wilder playful sides. This course is online.								
C2346709	Wed	Art with Mixed Media	Nicky Tarlton Weatherall	10	19 Jan 22	30 Mar 22	10.00 – 12.00	£82.00
The aim of the course is to build your confidence in drawing to then give you the development skills to help create your own personal style. This course is face to face and takes place at WEA, 101 Hinckley Road, Leicester LE3 0TD.								
C2346710	Wed	Basic D.I.Y. – Room Improvements	Nicky Tarlton Weatherall	10	19 Jan 22	30 Mar 22	1.00 – 3.00	FREE
Begin to learn how to plan and design a room by creating a design mood board. You will also learn how to use the correct hand tools safely to help with D.I.Y. This course is face to face and takes place at WEA, 101 Hinckley Road, Leicester LE3 0TD.								
C2345829	Thurs	Fun Educational Art Ideas to Help with your Child's Development	Nicky Tarlton-Weatherall	4	20 Jan 20	10 Feb 20	10.00 – 11.30	£19.20
Are you looking for something educational and creative to do with your pre-school child? This Practical Art course will encourage you to learn together – live, online, in the comfort of your own home.								

* Over 90% of applicants for skills courses do not need to pay a fee. Subject to status - courses are free for unemployed people, job seekers and people on low wage. If you do not qualify you will be alerted during the application process. You can cancel at any time. Call us on **0300 303 3464** if you want to check anything with us.

For the course you will need your own personal email address so that you're able to login to the WEA's digital learning

platform: WEA Canvas. You will need to be able to understand how to follow URL links to pages on the internet. If you want to understand more about Canvas please visit: <http://bit.ly/WEAonline>

You will need to be able to follow links to join our WEA live video learning platform: WEA Zoom. If you'd like to understand more about our video learning platform, Zoom please visit: <http://bit.ly/WEAonline> and <http://bit.ly/ZoomSpec>

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