

Course details

Course title

Personal Development: Improve your Confidence and Interview Skills

Course code

Q00013834

Course date

Start: 07/06/24

End: 28/06/24

Number of classes

4 sessions

Timetable

Fri 7th Jun, 12:30 to 14:30

Fri 14th Jun, 12:30 to 14:30

Fri 21st Jun, 12:30 to 14:30

Fri 28th Jun, 12:30 to 14:30

Tutor

Harsha Kotecha

Fee range

Free to £29.60

How you'll learn

You'll join a small group of fellow learners for classes online in video meetings and materials will be provided in our virtual learning environment.

Got it!

Online

Venue

Online

Level of study

Beginners

Course overview

Empower your journey towards employment success with our "Improve your Confidence and Interview Skills" online course. Tailored for the unemployed, this 8-hour program spans four interactive 2-hour sessions. Whether you're new to courses or seeking a fresh perspective, unlock the confidence and interview techniques needed to stand out in today's competitive job market.

Course description

Designed exclusively for individuals navigating unemployment, our "Improve your Confidence and Interview Skills" online course is a transformative experience spanning four engaging sessions, each lasting 2 hours. Geared towards those new to courses, we focus on cultivating essential skills for successful job interviews and boosting overall confidence.

Begin by understanding the roots of self-doubt and learn practical strategies to build a resilient mindset. Through interactive activities, participants will master effective communication techniques, harnessing body language and vocal tone to project confidence. Our tailored mock interviews, coupled with personalised feedback, provide a safe space to practice and refine responses to common interview questions.

This course is not just about theory; it's a hands-on journey to equip participants with the tools to navigate interviews with poise. From storytelling techniques to showcasing unique strengths, attendees will gain valuable insights into creating a lasting impression on potential employers. Delivered online, this accessible course ensures flexibility for those managing busy schedules.

Whether you're stepping into the world of courses for the first time or seeking a fresh approach to personal development, "Improve your Confidence and Interview Skills" is your pathway to enhanced self-assurance and interview success in the competitive job market. Join us and redefine your journey toward meaningful employment.

What financial support is available?

We don't want anything to stand in your way when it comes to bringing Adult learning within reach so if you need anything to support you to achieve your goals then speak to one of our education experts during your enrolment journey. Most of our courses are government funded but if you don't qualify or need alternative financial help to access them then let us know.

What other support is available?

All of our digital content, teaching and learning activities and assessments are designed to be accessible so if you need any additional support you can discuss this with the education experts during your enrolment journey and we will do all we can to make sure you have optimal access.

Source URL: <https://www.wea.org.uk/courses/skills-work/personal-development/7-june-personal-development-improve-your-confidence-and>